

Aycliffe Running Club News

Welcome to...

New club members Amanda Jayne Kovac, Austin Donoghue, Eve Doe, Shane Doe, Christine Mudd, Julie Adams, Michelle Jane

Race Reports...

North-Eastern XC Championships -31 January 2015

On Saturday 31st January two athletes from the club competed in the NEHL cross-country meeting at Jarrow. Martyn Knox crossed the line first, 258th in 45:10mins, followed by Colin Gibson in 404th place in 51:56mins.

Stockton Winter Trail Series: Preston Park - 1 February 2015

In the sixth event in the Stockton Winter Trail Races series over 5k John Surtees made the most of being the only representative from the club. John stormed round the course in 19:59mins, finishing in 6th position out of 179 runners.

NYSD Cross Country: Richmond - 8 February 2015

In the final meeting of the NYSD Harrier League at Richmond, Martyn Knox was the only runner from Aycliffe club finishing 73rd in 44:48mins and congratulations to Alan Wilks who took silver in the North-Eastern Masters Cross-Country Championships at Darlington. His time was 25:54mins.

Hackworth 100th Parkrun - 14 February 2015

Last Saturday saw the 100th event in the Parkrun series at Shildon's Hackworth Park and attracted a field of 246 runners and over 20 of these were from Aycliffe Running Club.

Taking part were John Surtees 18:27mins, Mark Wade 18:39mins, Dave Blewitt 20:36mins, John Burnside 21:32mins, Tracy Surtees 32:41mins, Stephen Smith 22:20mins, Michelle Scott 22:53mins, Alan Wilks 23:17mins, Sandra Collins 23:29mins, John Heywood 24:06mins, Michelle Jane 24:17mins, Colin Gibson 24:23, Michelle Dixon 24:40mins, Michelle Zamir 24:46mins, Rob

Nicholson 24:47mins, Trish Kay 25:58mins, Angela Barrett 26:31mins, Penny Johnson 26:55mins, Judith Porter 26:56mins, James Wilson 28:44mins, Lee Wren with 6 year old son Caleb 31:38mins, Michael Smith 32:26mins and Clare Wilson 33:53mins.

Ann Johnson Absent Friends Trail Race - 14 February 2015

It was the Ann Johnson Absent Friends Trail Race on the Sunday. This event was organised by Billingham Marsh House Harriers and is over 5 miles.

Matt Heron was 1st home for the club, 23rd overall, in 35:21mins, followed by John Burnside 35th in 36:41mins. Sandra Collins was 1st lady home for the club, 70th overall, in 40:38mins and was also first in the F/50 age group followed by Kelly Smith 91st in 41:53mins. Next to cross the line was Rob Nicholson, 92nd in 41:59mins followed by Kevin Greenall 96th in 42:08mins and newcomer Vivianne Pow 107th in 42:59min. Gary Minns was next finisher 115th in 43:36mins, followed by Angela Barrett 128th in 44:16mins and Michael Brunskill 148th in 46:25mins.

Finally, Judith Porter ran well to finish 149th in 46:26mins and was also 1st in the F/60 category.

Snake Lane 10 - 14 February 2015

Five members of Aycliffe Running Club recently took part in the Snake Lane 10. This popular race is a flat and fast course over 10 miles. The course starts and finishes in the market town of Pocklington and as its name suggests has a winding stretch that snakes its way through the East Yorkshire countryside at the foot of the Wolds.

First finisher for the club was Robert Young in 1:13:44mins, followed by Sandra Collins 1:22:16mins, John Young 1:22:19mins, Clare Rose, 1:24:33mins and Dave Mackenzie 1:30:22mins who also got 2nd in the V/70 category prize.

Sedgefield Park Run - 21 February 2015

In the Sedgefield Park Run Michelle and Jane Dixon both achieved new PBs recording 23:45mins and 24:16mins respectively.



Hackworth Park Run - 21 February 2015

In the Hackworth Park Run Dez Fielden and Sandra Collins were both first in their gender categories. Trish Kay also achieved a course PB of 25:10mins.

NYSD Cross Country: Summerhill - 22 February 2015

Aycliffe veterans had a field day at Summerhill, Hartlepool, with three age category wins and three in the first ten. This was the 7th of the Stockton Winter Trail series over 5k.

Peter Milburn was first home for the club and 7th overall in 20:38mins and was also 1st in the V/55 category and just a few seconds behind was Graham Atkinson 9th in 20:59mins and 1st in the V/50 category, followed by Lee Wren 10th in 21:01mins. John Burnside was next to cross the line 21st in 22:17mins and 2nd in the V/55 category, followed by Alan Wilks 48th in 24:33mins and 1st in the V/65 category and Paul Stretton 85th in 27:40mins.

Sedgefield Park Run - 21 February 2015

On the Sedgefield Park Run it was the newer members of the club who excelled. John Surtees was the outright winner in 18:42mins just 1 second below his best for the course. Michelle Jane also got a course PB of 24:19mins and it was a '1st timer' for Michelle Amir at 24:26mins.

Other finishers were Rob Nicholson with a new PB of 24:10mins, Gary Minns at 24:46mins, Dave Mackenzie at 28:08mins and Mandy Heywood who ran with her young son in 34:09mins.