

Aycliffe Running Club News

Welcome to...

New club members Amanda Jayne Kovac, Vivianne Claire Pow, Cyd Upton, Carla Morton, Geoffrey Miles, Tracey Surtees, John Surtees, John Heywood, Amanda Heywood, George Dixon

Congratulations to...

3 mile Female Handicap Winner - Michelle Dixon
3 mile Male Handicap Winner - Martyn Knox
Club Championship Male - Dez Fielden
Club Championship Female - Sandra Collins
Most Improved - Michelle Dixon
Best Newcomer - Dave Blewitt
Male Athlete of the Year - Dez Fielden
Female Athlete the Year - Kelly Smith
Rob Niven Trophy - John Young

Race Reports...

North-Eastern XC Championships -13 December 2014

In the North-Eastern Cross-Country Championships at Newcastle Town Moor, Dave Thompson was the only representative from the club and he completed the course in 71:13mins.

Stockton Winter Trail Series: Preston Park - 14 December 2014

Stockton Winter 5k Trail series took place at Preston Park with Trish Kay being the only female entrant from the club. Trish battled through the mud to finish in a commendable time of 28:39mins and 151st in a field of nearly 250 entrants.

Peter Milburn was first home for the club, 12th in 20:11mins and was 1st V/55, followed by Graham Atkins, 21st in 21:41mins.

Alan Wilks was next to cross the line, 76th in 24:50mins and was 2nd V/65, followed by Gary Minns, 89th in 25:33mins.

Saltwell 10k - 20 December 2014

Trish Kay completed the Saltwell 10k in 51:40mins in 231st position.

Jolly Holly Jog - 30 December 2014

Thirteen members of the club took part in the

multi-terrain Jolly Holly Jog. The race was a sell out with a record entry of 704 runners.

It was a bright and sunny day starting with a heavy frost, which made the tarmac sections somewhat slippery, but helped to firm up the muddier sections.

Dez Fielden had another brilliant run finishing 7th in 37:59mins, followed by Martyn Knox, 83rd in 44:37mins and Graeme Miles, 93rd in 45:12mins.

Naomi Kellett was the first lady home for the club, 190th in 50:23mins, followed by John Burnside, 193rd in 50:35mins and John Young, 206th in 51:14mins.

Next to cross the line was Shelley McCormack, 212th in 51:29mins, followed by Kevin Greenall 243rd in 52:56mins, Angela Barrett, 257th in 53:09mins, Clare Rose, 288th in 54:17mins, Gary Minns, 299th in 54:55mins, Judith Porter, 468th in 59:34mins and finally Dave Mackenzie, 583rd in 65:49mins.

Captain Cooks Fell Race - 1 January 2015

On New Years' day eight members of Aycliffe Running Club tackled the tough and demanding Captain Cooks Fell race, which took place in the North York Moors.

A wet and mild winter's day led to some slippery conditions, but 271 runners managed to complete the course and the event raised £1,953 for various organisations.

This was the first fell race for both Jodie McMaster and Clare Rose, so they decided at the outset to stick with each other to make sure they got round. This they did admirably in 57:51mins, 242nd and 58:05mins, 243rd respectively.

The only other female from the club, Sue Milburn, is certainly not new to this type of race and showed her worth by finishing 2nd in the F/55 age group in 53:21mins and 214th overall.

Peter Milburn went one better finishing 1st in the V/55 age group in 38:46mins and 39th overall. However, Dez Fielden was first home for the club 26th in 37:30mins.

Other finishers were Matt Heron, 80th in 41:52mins, Lee Wren, 138th in 45:36mins and Ste Smith, 166th in 48:10mins.

Old Monks 6 Multi-Terrain - 4 January 2015

Kevin Greenall ran in the Old Monks 6 Multi-Terrain Race finishing 170th in 48:41mins.

Durham Cathedral Relays - 11 January 2015

Aycliffe Running Club did well in the Cathedral Relays at Durham last Sunday. On what was a cold damp day, the Aycliffe ladies team, competing in the in Senior and Veteran Women's Relay finished a commendable 49th in a field of 89 and in the men's veteran relay, the men's V/35 team finished 50th out of 94.

Individual runners and times are listed below :-
 Senior Ladies - Michelle Scott, 13:38mins; Kara Rose, 14:36mins; Penny Johnson, 15:14mins.

Senior Men - Steve Smith, 13:13mins; Justin Hindmarch, 12:48mins; Kyle Cook, 12:57mins.

Men's Veteran A team - Andrew Sedgwick, 12:19mins; Lee Wren, 12:02mins; Dave Blewitt, 13:02mins.

Men's Veteran B team - Trevor Needham, 14:40mins; Rob Nicholson, 15:20mins; James Wilson, 16:38mins.

NYSD Cross Country: Summerhill - 11 January 2015

Martyn Knox ran in the Senior Men's race at Hartlepool's cross-country meeting and finished 87th in 43:26mins.

Stockton Winter Trail Series: Acklam - 11 January 2015

Five members of the club took part in the fourth meeting of the Stockton Winter Trail series over 5k. Peter Milburn was first home for the club in 9th position in 21:16mins and 2nd V/55, followed closely by Graham Atkins, 10th in 21:45mins and 1st V/50.

Alan Wilks was next over the line, 65th in 25:20mins and 1st V/65 and Susan Milburn wasn't far behind and also first in her age group (F/55) and 77th

overall in 25:56mins. Finally, Kevin Greenall, slowly getting back to form, finished 90th in 26:46mins.

Brass Monkey Half Marathon - 18 January 2015

Eight members of Aycliffe Running Club travelled down to York last Sunday to take part in the Brass Monkey Half Marathon, which attracted a field of nearly 1500 entries.

It was a bright and sunny day but very cold and there were some icy patches on the roads where the runners had to take care. In spite of this there were some outstanding performances and a few PBs were achieved.

John and Tracey Surtees are both newcomers to the club but their times reflect the fact they are not new to running, with John finishing in 1:27:39 and 1st home for the club and Tracy 1:34:44 and 1st lady home for the club.

Graham Atkins was 2nd finisher for Aycliffe in 1:33:05 followed closely by Justin Hindmarch, who smashed his previous best time by over 4 minutes to finish in 1:34:12, followed by Sandra Collins who earned a PB for her time of 1:44:23.

Trish Kay finished in a time of 1:47:40 with Angela Barrett and Judith Porter both achieving PBs finishing in 1:49:30 and 1:58:48 respectively.

Sedgefield Winter Handicap - 18 January 2015

Aycliffe runners who chose to compete in the Sedgefield Winter Handicap had to cope with more bleak conditions. The multi-terrain event is over 10k and follows trails around Fishburn and Bishop Middleham.

Sue Milburn was first home for the club, 37th in 50:19mins, followed by Mark Wade, 57th in 39:33mins, Matt Heron, 65th in 44:52mins, Peter Milburn, 77th in 42:33mins and Kevin Greenall, 83rd in 52:05mins.

